

FCC Women's Retreat

November 21-22, 2009
La Foret Retreat Center



REGISTRATION FORM

This camp is on a first-come, first-served basis. Read the instructions carefully:

To register, please bring to the church's Founders' Room either Sunday, September 27 or October 4:

1. This Registration Form
2. Your camp fees (checks payable to 'FCC Colorado Springs', write 'women's retreat' on memo line)

After October 4, registrations and payment will be accepted at the church office. Once camp is filled, we will form a waiting list.

Name: _____ Phone: _____

Mailing address: _____

Email address: _____

Fee: \$65 (includes lunch and dinner on Saturday and breakfast on Sunday plus lodging)
\$35 (for Saturday only – limit of 20 spots)

Times: The Retreat will begin **9am** Saturday and end **11am** Sunday. Don't be concerned if you need to come late or leave early.

Program: This year's theme is Caring for the Self: mind, body and soul. Several women in our church will be offering sessions to holistically address self-renewal.

Any special dietary restrictions (allergies, vegan, vegetarian, diabetic, etc...): _____

Important Note: All camp fees are due in full with registration (checks payable to 'FCC Colorado Springs'). In cases of financial hardship, scholarships are available as needed. Please speak with Nancy or Brooke. **Sorry, there will be no refunds due to contract commitments.**

Questions? Contact Brooke Bell (329-1972 or bellbrooke@aol.com)
Nancy Henjum (651-1258 or nancyhenjum@msn.com)