

Hikes and Walks - Spring/Summer 2012
Contact Howard Ray c. 510-3824 or howard.ray@usa.net

1. **Downtown-area walks** Selected **Thursday** mornings at 8:15am. Usually about 2-3 miles R/T; back around 9:45am unless we see something interesting that slows us down.

- **14 June:** meet at the corner of Tejon St. and Espanola Street 80907 (0.7 miles north of Uintah; 3 blocks south of Penrose Main Hospital). Snacks available afterwards at Angie's.
- **21 June:** meet at First Congregational Church, Atrium Entrance, 20 East Saint Vrain St. (between Cascade and Tejon).

2. Hike **Seven Bridges Trail** in North Cheyenne Cañon, **Monday, 4 June, 8:30am**. Meet in the larger Starsmore Discovery Center parking lot not directly adjacent to the Center (2120 South Cheyenne Road 80903). The hike is 3.2 miles (R/T) , elevation gain 620. Don't forget good shoes, sunscreen, sunglasses, and water.

Adventurous types can continue on the trail which becomes much steeper to Jones Park. Some sections have steep sides with scree (loose gravel) and many rocky places. Hikers should be experienced with climbing on more challenging terrain at this elevation if you want to continue to the end of the trail.

Trail info w/ topo map (describes the entire trail):

<http://www.cospringtrails.com/hikes/sevenbridges.html>

-- see next page for directions to the meet-up location - - - - ->



Directions: Take Cheyenne Rd. or Cheyenne Blvd west from South Tejon St. (south of I-25), or from South 21st Street (turns into Cresta Road). Shortly after Cheyenne Rd. and Cheyenne Blvd merge, you will be at a fork in the road. To the right is North Cheyenne Cañon Road; to the left is South Cheyenne Cañon Road. Turn left on South Cheyenne Cañon Road and immediately see the large rock house (Starsmore Discovery Center) on your right side. Park in the larger parking lot that is not immediately adjacent to the Starsmore Center.

[click here for Map of North Cheyenne Canyon](#)

We will drive some of the cars up the canyon to the parking area a couple of miles up the hill (limited space). Along the way is the Helen Hunt Visitor's Center (4075 N. Cheyenne Canon Road, 633-5701) where portable toilets are normally available.

More info on the Starsmore Discovery Center:

<http://www.springsgov.com/Page.aspx?NavID=2476>